



# 2003

***Dr. Albert L. Anderson  
Health Care Professional Award  
– Lucy Crain, M.D., M.P.H. –***

As Chair of the California State Council on Developmental Disabilities, it is my distinct pleasure to announce ***Lucy Crain, M.D., M.P.H.***, as the 2003 recipient of the ***Dr. Albert L. Anderson Health Care Professional Award***. Nominated by Support for Families of Children with Disabilities, Dr. Crain truly honors the memory of Dr. Anderson and epitomizes the Council's award criteria, as shown by these excerpts from the nomination form:

- Long-term commitment to quality health care for individuals with developmental disabilities – “Dr. Lucy Crain has been a practicing pediatrician and physician educator for more than 30 years (and) was the founding director of the UCSF Pediatrics and Down Syndrome Clinic”;
- Willingness to serve patients with developmental disabilities, regardless of payment method – “Initial questions regarding insurance and payment were asked and answered once... and never came up again between us over 22 years. The solutions and treatments (were based) solely on a patient's needs (not) some arbitrary insurance plan or lack thereof”;
- Demonstrated leadership in training and mentoring other health care professionals to serve individuals with developmental disabilities – “She is a friend, teacher, and counselor of pediatricians throughout California and a role model for physicians through the country”;
- Involvement in the entire spectrum of developmental disabilities, from individuals with mild disabilities to those with significant challenges – “A majority of her pediatric practice... served children with all kinds of disabilities. Her name is well known in the medical field as the premier resource in San Francisco on children's disabilities”;
- Effective participation in professional and other voluntary organizations – Examples include: 1997-2000 American Academy of Pediatrics (AAP) Regional Chair, AAP Disability Commission Chair for 15 years, San Francisco 1<sup>st</sup> Five Commission Member, California Children's Partnership Health Policy Board; High Risk Infant Advisory Committee;
- Ability to bring care, compassion, and understanding to the individuals with developmental disabilities and their families – “Lucy never rushed you out of her office, regardless of the time... There was never any condescending attitude or assumptions made, she asked questions (that) came from the heart of a parent, from a woman who had seen (in many a parents' eyes) the pain of indecision and self-doubt and uncertainty that they could go on any longer”; and
- Willingness to take extra time and effort to gain the rapport and confidence of the individual with a developmental disability – “Our daughter is... not able to communicate well. Most people try a little bit to communicate with her and then give up. Lucy always assumed, no matter what, that our daughter was a part of the conversation. She talked directly to her and waited patiently for her responses, as long as they took”.

On behalf of the entire State Council on Developmental Disabilities, I wish to commend Dr. Crain as the 2003 recipient of the Dr. Albert L. Anderson Health Care Professional Award.

PETER MENDOZA, Chair -- California State Council on Developmental Disabilities